# Curriculum Vitae



# John H. Fullerton, MD, CMD, CFP, FACP, AGSF, FAAHPM

General Internal Medicine, Geriatric Medicine, and Hospice & Palliative Medicine,
Director of Geriatric & Palliative Education
St. Mary's Medical Center: SMMC, SF, CA
Assistant Clinical Professor of Medicine:
UCSF & Yale University School(s) of Medicine
LTC CMD & Certified Hospice Medical Director

## Hampton Health, LTD. Medical Director

1700 California Street Suite #470 San Francisco, CA 94109 Phone: 415.460.5532 Fax: 415.459.2774

## **MEDICAL LICENSURE:**

California Medical License #G 59000 - Current (08/86-Present)
Florida Medical License #ME77278 - Current (01/05/99-Present)
DEA License # BF1781637 - Current (08/86-Present)
Medical Insurance Exchange of California (MIEC- \$1M/\$3M)-(04/91-Present)

# **BOARD CERTIFICATIONS/CERTIFICATIONS OF ADDED QUALIFICATIONS:**

- American Board of Internal Medicine (ABIM)-Board Certified in Internal Medicine (09/88-Present);
- American Board of Internal Medicine (ABIM)-Board Certified in Geriatrics (04/94-Present);
- American Board of Hospice & Palliative Medicine (ABHPM) Board Certified (01/06-Present);
- American Medical Directors Association (AMDA) Certified (CMD: 12/04-Present; Re-cert: 12/10);
- American Academy of Home Care Physicians (AAHCP)-Certified (11/03-Present);
- American Academy of Hospice & Palliative Medicine (AAHPM)-Cert. Hospice Med Dir (08/09);
- American Board of Addiction Medicine (ABAM)-Board Certified (12/10);
- American College of Forensic Examiners (ACFEI)-Certified Forensic Physician (CFP);
- American Society of Addiction Medicine (ASAM)-[MROCC Forensic Toxicology Test Cert-P].

#### PRESENT ACADEMIC RANK AND POSITION:

- St. Mary's Medical Center: Director of Geriatric & Palliative Education & Training, Key Clinical Faculty, Ethics Committee Member, P & T Committee Member, & Intern/Resident Selection Committee for the Internal Medicine Residency Program (2007-Present);
- Yale University Medical School: Assistant Clinical Professor of Medicine (04/06-Present);
- UCSF Medical School: Assistant Clinical Professor of Medicine (2003-Present);
- USC Keck School of Medicine Clinical Instructor of Medicine Dept. of Family Medicine (2009);
- Stanford School of Medicine: Clinical Preceptor (Primary Care Associate's Program: 2001- Present);
- Touro University Osteopathic Medical School (Vallejo/Mare Island, CA): Adjunct Assistant Professor of Geriatrics.

#### PRESENT ACADEMIC RANK AND POSITION (con't):

- American Academy of Family Physicians (AAFP): Clinical Educator Certificate ("Active Teacher in Family Medicine" 2002- Present): San Francisco Free Clinic (SFFC);
- Certified Medical Director (or Certified Hospice Medical Director) for multiple Sub-Acute Rehabilitation, Skilled Nursing Facilities (SNF's), and Assisted Living Facility (with Dementia Care), a Large Tri-County SF Bay Area Hospice, as well as one medically supported Adult Day Care Facility in the SF Bay Area.

#### **EDUCATIONAL EXPERIENCE:**

# College of William & Mary

Williamsburg, VA

B.S., Biology: 05/80 (Graduated with Honors in Biology)

#### **University of Miami Medical School**

Miami, FL

Graduated with Medical Degree (MD):05/85

### **POST-DOCTORAL TRAINING:**

### Medical Internship: 06-85/06-86

California Pacific Medical Center (formerly Pacific Presbyterian Hospital)

PO Box 7999/Clay @ Buchanan Street

San Francisco, California 94115

Program Director: John Gamble, MD

#### Medical Residency: 06/86-06/88

California Pacific Medical Center (formerly Pacific Presbyterian Hospital)

PO Box 7999/Clay @ Buchanan Street

San Francisco, California 94115

Program Director: John Gamble, MD

#### Chief Medical Residency: 06/88-06/89

California Pacific Medical Center (formerly Pacific Presbyterian Hospital)

PO Box 7999/Clay @ Buchanan Street

San Francisco, California 94115

Program Director: John Gamble, MD

### **OTHER:**

Advanced Cardiac Life Support (ACLS)-certified (06/84-06/03)

**ACLS Instructor - 1990** 

Code Blue Team Leader-04/91-06/97

#### **AWARDS/HONORS:**

Resident of the Year: 1988
 Pacific Presbyterian Hospital

San Francisco, California 94115

• "Dr. John Fullerton and Dr. Patrick Tekeli Day in San Francisco": 12/14/94

Awarded for body of urban under-served hospital-based work in SF, including distinguished service in areas of general internal medicine, geriatrics, HIV/AIDS, Rehabilitation/Addiction Medicine, Hospice & end-of-life (EOL) care, and transplant medicine.

- "2003 California Physician of the year" (NRCC-Congressional)
- "2004 Pioneer of Healthcare Reform" (NRCC-Congressional)
- "Consumer's Report 2007 Edition: Guide to America's Top Physicians"
- "2006 Organization Hero": SFFC
- University of California School of Public Health Organizational Hero Award: "2006 Berkeley International Public Health Heroes"
- Certificate of Appreciation from Senator Barbara Boxer (March 17, 2006)
- Certificate of Recognition by Senator Jackie Spier (March 17, 2006)
- Certificate of Recognition by 13<sup>th</sup> District Assemblyman Mark Leno (March 17, 2006)

# <u>KEY CLINICAL FACULTY POSITIONS, CORE FACULTY POSITIONS, AND ACUTE HOSPITAL PRIVILEGES:</u>

• Core Teaching Attending in General Internal Medicine/Family & Community Medicine (FCM) at The San Francisco Free Clinic (SFFC): 1999-Present

4900 California Street, San Francisco, California 94118 Medical Director – Patricia Hellman Gibbs, MD Staff Clinical Instructor in Primary Care for the local, urban, under-served community (who have no health insurance) – clinically precept (twelve sessions per month) junior & senior medical student primary care clerkships from UCSF, Yale, USC, UCLA, McGill, and Duke University School(s) of Medicine, medical interns and residents from UCSF Medical School, California Pacific Medical Center (CPMC), and Kaiser (SF), and PA/NP students from Stanford University Medical School.

Stanford University School of Medicine
 Clinical Preceptor-Internal Medicine/Geriatrics
 Primary Care Associate Program
 1215 Welch Road, Modular G
 Palo Alto, California 94305-5408

 University of California, San Francisco School of Medicine Assistant Clinical Professor of Medicine @ UCSF
 Department of Medicine: Primary Care Program
 300 Parnassus Avenue
 San Francisco, California 94143

 Yale University School of Medicine Clinical Instructor: Primary Care Clerkship Department of Medicine

367 Cedar Street New Haven, CT 06510-8046

# <u>KEY CLINICAL FACULTY POSITIONS, CORE FACULTY POSITIONS, AND ACUTE HOSPITAL</u> PRIVILEGES (con't):

• St. Mary's Medical Center (SF, CA)

Director of Geriatric & Palliative Training/Key Clinical Faculty: Int. Med Residency Program; Department of Medicine: Medical Staff Privileges & Ethics Committee Member, Pharmacy and Therapeutics Committee Member, Intern/Resident Selection Committee Member

450 Stanyon Street

San Francisco, California 94117

Marin General Hospital (MGH)

**Department of Medicine: Medical Staff Privileges & Laboratory Liaison Committee Member** 250 Bon Air Road

Greenbrae, California 94904

#### PROFESSIONAL SOCIETIES/AFFILIATIONS:

- Society of Hospital Medicine (SHM) member
- American College of Forensic Examiners (ACFEI)-member and Certified Forensic Physician (CFP)
- Association of Clinical Faculty (ACF) @ UCSF School of Medicine-Lifetime Member
- American College of Physicians/American Society of Internal Medicine (ACP/ASIM)-Fellow (FACP)
- California Association of Long Term Care Medicine (CALTCM)-Appointed to the Board of Directors (for five year term) & serves as Chair on the Policy and Professional Services Committee Member (2007-2008) and Chair of the Legislative Sub-Committee (2007-2008); Lifetime Member Status.
- Society of General Internal Medicine (SGIM)-member
- American Geriatrics Society (AGS)-Diplomate & Board Certified (ABIM), Fellow (AGSF), and appointed member SIG Task Force on Elder Abuse
- American Academy of Home Care Physicians (AAHCP)-member & certified (with a CAQ)
- American Academy of Hospice and Palliative Medicine (AAHPM)-Diplomate & Board Certified (ABHPM), Fellowship status: FAAHPM, Key National Faculty Lecturer for Hosp. Med. Dir. Cert. (CHMD)
- American Medical Directors Association (AMDA)-member & certified (CMD) with a CAQ, Re-Cert: 12/10
- The California Council of Gerontology and Geriatrics (CCGG-UCLA)-member Serving on the: Educational & Legislative Committee (2007-2008)
- American Medical Association (AMA)-member
- California Medical Association (CMA)-member
- San Francisco Medical Society (SFMS)-member
- Marin Medical Society member
- Southern Medical Association (SMA)-member (appointed to the Educational Committee)
- California Geriatrics Society (CGS)-member
- Florida Geriatrics Society (FGS)-member
- Florida Medical Directors Association (FMDA)-member
- American Association of Geriatric Psychiatry (AAGP)- affiliate member
- American Academy of Pain Medicine (AAPM)/American Pain Society (APS)-member

#### PROFESSIONAL SOCIETIES/AFFILIATIONS (con't):

- The Gerontological Society of America (GSA)-member
- American Diabetes Association (ADA)-member
- American Obesity Association (AOA)-member
- American Society of Addiction Medicine (ASAM)/CA Society of Addiction Medicine (CSAM)-BE (12/10)

#### **INTRAMURAL PRESENTATIONS:**

# California Pacific Medical Center (formerly Pacific Presbyterian Hospital) PO Box 7999/Clay @ Buchanan Street San Francisco, California 94115

- Intern/ Resident Selection Committee
- Ethics Committee (Director: Sub-Acute Services)
- Journal Club Moderator for the Medical Residency Training Program
- Medical Record Committee
- Pharmacy and Therapeutics Committee
- Infection Control Committee
- Medical Executive Committee (During Chief Residency)
- Morbidity & Mortality Conference
- Utilization Review (Co-development of Sub-Acute Practice Guidelines)
- Geriatric Center Steering Committee
- Rehabilitation Advisory Committee
- AIDS Advisory Committee

# **Petaluma Valley Hospital**

400 North McDowell

Petaluma, California 94954

• Ethics Committee - 07/02-05/03

#### **Marin General Hospital**

250 Bon Air Road

Greenbrae, California 94904

• Laboratory Liaison Committee – 11/04-Present

# St. Mary's Medical Center

**450 Stanyon Street** 

San Francisco, CA 94117

• Ethics Committee, Pharmacy & Therapeutics Committee, Intern/Resident Selection Committee-Current

#### **CLINICAL PRACTICE, INTERESTS, AND ACCOMPLISHMENTS:**

Clinician Educator and Private Practitioner (utilizing 4 geriatric trained certified physician assistants) in General Internal Medicine, Geriatrics, Addiction Medicine, and Hospice & Palliative Medicine:

# • San Francisco Office (03/04-Present)

Clinical responsibilities (including geriatrics) as part of a busy primary care office with PA support.

1700 California Street, Suite 470

San Francisco, California 94109

Co-Founders: John Fullerton, M.D., Kate McElroy, PA-C

# • Marin Office (Aegis of Corte Madera – Certified Medical Director, Geriatric & Preventative Medicine Clinical Director, Assisted Living Program Director 9/03-Present)

On-site geriatric clinic with local assisted living, Alzheimer's assisted living, house calls, hospice & palliative medicine practice with Physician Assistant support utilizing 4 PA's. Designated as a Stanford, Samuel Merritt, & St Francis Primary Care clinical teaching site for the Primary Care Associates Program and a geriatric training site for St. Mary's Medical Center Internal Medicine Residents rotating in geriatrics.

5555 Paradise Drive, 2<sup>nd</sup> Floor

Corte Madera, California 94925

Co-Founder(s): John H. Fullerton, M.D., Kate McElroy, PA-C

#### • San Francisco Office (10/99-3/04)

Out-Patient and In-Patient clinical responsibilities (including geriatrics) as part of a busy four physician primary care group, practicing adjacent to California Pacific Medical Center (San Francisco, CA).

2100 Webster Street, Suite 416

San Francisco, California 94115

Founder: Allan E. Jackman, MD

#### • Sonoma Office (10/01-03/03)

Clinical responsibilities (including geriatrics) as part of a primary care practice. Large hospital-based practice in adjacent Petaluma Valley Hospital (Petaluma, CA), while functioning as a "de facto" Hospitalist.

1456 Professional Drive, Suite 406

Petaluma, California 94954

Co-Founders: John H. Fullerton, MD and Stephen L. Steady, MD

# Hospital-based General Internist (and out-patient medical practice): 04/91-10/98 Hospitalist/In-Patient Manager of the SNF (IDT)-Garden Sullivan Hospital (GSH) Clinical Director-GSH: AIDS/Acute Rehab/Geriatrics/ Med-Surgery/Addiction/Hospice & Palliative Medicine

As part of co-founding and managing an early "hospitalist" physician group-in San Francisco, CA, the responsibilities encompassed Clinical, Educational, Administrative, and Organizational roles, particularly in areas of General Internal Medicine, Geriatrics, HIV/AIDS Medicine, mostly Solid Organ Transplantation Medicine (including the post-operative care of liver, kidney, hearts, and some pancreas/small bowel transplants), Rehabilitation Medicine, In-Patient Addiction & Detox/Rehab Medicine ("Dual Diagnosis"), and in-patient Hospice & Palliative Medicine. While functioning as the "Clinical Director" @ GSH in an active internal medicine residency program, was instrumental in both

quality assurance and utilization review. Spearheaded the co-design of clinical guidelines and the general programmatic development for the internal medicine residency program, particularly within the sub-acute facilities in the medical center. Also directed the emergency services (ACLS) response team (the "code blue team") and credited with co-creating early "methods" for hospitalist care in medically complex patients (e.g.-post-op liver and kidney transplant patients).

California Pacific Medical Center (formerly Pacific Presbyterian Hospital)

PO Box 7999/Clay @ Buchanan Street

San Francisco, California 94118

# Active Medical Staff (Hospital-Based and Out-Patient): 2001-2003

Petaluma Valley Hospital 400 North McDowell Petaluma, CA 94954 (707)- 778-1111

# • Medical Staff: Teaching Attending/Department of Medicine-1999-2002

California Pacific Medical Center Internal Medicine Residency Program PO Box 7999 San Francisco, California 94115 Chief of Medicine-Martin Brotman, MD, FACP

#### • Active Medical Staff

# **Teaching Attending/Department of Medicine: 1991-1998**

California Pacific Medical Center Internal Medicine Residency Program PO Box 7999 San Francisco, California 94115 Chief of Medicine-Martin Brotman, MD, FACP

# Medical Attending (Hospital-Based and Outpatient)-Department of Medicine: 10/89-01/91 Vice Chief of Medicine (10/89-08/90)

#### Acting Chief of Medicine (08/90-01/91)

The responsibilities encompassed Clinical, Administrative, Educational, and Research roles as part of an active internal medical residency program that included managing patients in the general medical outpatient clinics (including managing the clinic for systemic manifestations of ocular disease), codirecting the employee health/travel health clinics for four thousand (4000) hospital employees, and overseeing the peri-operative medical management of inpatient wards (as a hospital-based physician).

King Khaled Eye Specialist Hospital (KKESH)

Riyadh, Kingdom of Saudi Arabia: Medical Director-Richard Forster, MD

#### • Medical Attending-Urgent Care Medical Clinics: 1988-1989

Kaiser Permanente Hospital 99 Monticello Road San Rafael, California 94909 Director-Mollie Caulfield, MD

#### **COMMUNITY & VOLUNTEER SERVICE:**

- Providing Primary Medial Care/Clinical Precepting at The San Francisco Free Clinic (SFFC) for the urban, underserved patients (who have no health insurance): 1999-present
- Board member Friends of the Redwoods (A senior Residential Housing/Continuing Care Retirement Community), Mill Valley, California: 10/02-10/03
- San Francisco Opera Physician: 2001 Season
- Candlestick Park Stadium Physician (San Francisco Giants:1988-1990)
- Active local House Call practice (with PA support), including underserved, debilitated, home-bound and Hospice patients
- Red Cross Volunteer (2005) Hurricane Katrina Medical Relief Team Baton Rouge, Louisiana
- Key Medical and Geriatric Faculty at St. Mary's Hospital Clinical Instructor & Geriatric Training Director in this large, urban, underserved, hospital-based general internal medicine, geriatric, and Hospice & palliative medicine teaching site (Sister Mary Philippa Health Center-2006)

#### MEDICAL ADMINISTRATIVE/CLINICAL EXPERIENCE:

Dr. Fullerton is currently the Medical Director for Aegis of Corte Madera, CA [a one-hundred and twenty (120) bed Assisted Living & Alzheimer's Assisted Living Facility] for the past eight years. Within this highend facility, Hampton Health, LTD has implemented the business methods entitled PALS TM [Physician Assisted Living Solutions] fore providing medical support, mid-level practitioner support, and extending geriatric and palliative education on-site for medical students, medical residents, PA/NP students, and nursing students-along with other inter-disciplinary and multi-disciplinary team members. Dr. Fullerton more recently has become the Chief Medical Director and Bio-Medical Clerkship Director/Coordinator for the ninety (90) bed AgeSong AL community in SF while implementing their PALS methods. Dr. Fullerton (and his staff) also share an on-site AL office at the one-hundred (100) resident Countryside of Lafayette where they routinely also have a "house call-style" geriatric and palliative care practice in the East Bay.

For several years, Dr. Fullerton additionally has served as the Medical Director for the one hundred (100) bed Healthcare Center SNF and Assisted Living (PCU) at The Redwoods of Mill Valley (CA). He was additionally appointed the Medical Director for the one hundred (100) bed Country Villa (SNF) of San Rafael (CA), as well as the Medical Director of the 200 hundred Country Villa SNF/Rehab of Novato (CA) over the past several years. Dr. Fullerton was appointed the medical director of the fifty-two (52) bed SNF in San Rafael-Northgate Healthcare Center.

He has functioned previously for many years as the Clinical Director (and chief hospitalist) overseeing numerous medical-surgery wards, including HIV/AIDS, geriatrics, post-transplantation, addiction medicine, acute rehabilitation, general medical/surgical wards, as well as Hospice & Palliative Medicine patients @ Garden Sullivan Hospital (SF, CA) and other local facilities. Later he practiced as a de facto hospitalist at Petaluma Valley Hospital (PVH) until 2003. He has also served as Vice Chief (and Acting Chief) of Medicine & Director of Employee Health (for the 4000 employees on the hospital compound) at the teaching hospital (in conjunction with King Saud University) abroad at the King Khaled Eye Specialist Hospital {KKESH-Riyadh, KSA}, where he also functioned as the Co-Clinical Director of the Research Laboratory, Director of the Systemic Manifestations of Ocular Diseases Hospital-Based Clinic, and served as private medical consultant to members of the Saudi Royal Family (including the Minister of Health). Dr. Fullerton is considered: "the grandfather (of the business methods) of the current hospitalist movement"

**by a noted US hospital** historian and author who has recently interviewed Dr. Fullerton in order to complete the manuscript for his upcoming authoritative historical text book

He was named: Director of Geriatric and Palliative Education & Training and Key Faculty for the Internal Medicine Residency Program at St. Mary's Medical Center (SMMC) in 2006 (SF, CA). He is also the Geriatric Physician Director of the Inter-Disciplinary Team (IDT) for the fifty (50) resident medically supervised St. Mary's Adult Day Care Health Center (SF, CA) and has clinically instructed SMMC's Hospital-Based Urgent Care Clinic on numerous occasions each month for the past several years. Dr. Fullerton was appointed part-time Hospice Medical Director of a large Tri-County Hospice by the Bay since 2009. Dr. Fullerton is currently assisting with implementing within AF Bay Area urban AL units with innovative "Bio-Medical" models of care and training in Assisted Living Communities in the greater Bay Area, augmenting the "medical support of the traditional (psycho-) social model" as outlined above.

## **PUBLICATIONS SUBMITTED TO MEDICAL TEXT/JOURNALS:**

- Co-authored a chapter in medical textbook- Pulmonary function in the Immunocompromised Host
  Robert Fallat, MD and John H. Fullerton, MD
  Respiratory Disease in the Immunosuppressed Host (Published-1990, Lippincott)
- Transdermal Clonidine and the Cessation of Cigarette Smoking

A randomized, double-blinded, placebo-controlled trial of transdermal Clonidine in medically ill patients. Completed and abstract submitted in 1988. Leslie Pederson, MD, John H. Fullerton, MD, and Jeffrey Guttas, MD

• Treatment of Asymptomatic Bacteriuria in Diabetic Patients in the Middle East

A randomized, double-blinded, placebo-controlled trial of oral Septra treatment in patients with Type II diabetes mellitus in Saudi Arabia. Completed and abstract submitted in 1990. Bedawi al-Sebai, MD and John H. Fullerton, MD

- The Effects of Meditation on Blood Pressure Control
  - A SF office-based study. Completed and abstract submitted in 1990. John H. Fullerton, MD and Jill Caire, PhD
- A "Newsline Editorial" peer-reviewed article from CALTCM reflecting: Opposition to the Alquist SB 303 ("NH Patient Safety Act") re: Mandatory Psychotropic Drug Therapy Consent (and all Black Box Warning Disclosures) Prior to Any Use in the Nursing Home Setting, Even During Emergency Need for Clinical Administration (11/09). John H. Fullerton, MD, CMD
- <u>The Criminalization of End-Of-Life Care and the Emergence of "Clinical Forensic Medicine"</u> (11/10): Published in the Criminal Defense Legal Journal: "The Champion". James Farragher Campbell, Esq. & John H. Fullerton, MD, CMD, CFP, FACP, AGSF, FAAHPM

#### **MEDICOLEGAL (EXPERT) EXPERIENCE:**

Over roughly the past nine (9) years, Dr. Fullerton has provided independent medical expert testimony and clinical forensic medical testimony in approximately one hundred and fifty (150) cases representing no more than 10% of his professional time. Dr. Fullerton has focused his medical expertise in mostly personal injury, medical malpractice, determinations of Medicare Medical Necessity matters, and civil & criminal cases alleging elder abuse (including homicide)-at either discovery deposition or at trial testifying for both plaintiff and defense cases, respectfully. In fact, over these past five years in particular, Dr. Fullerton has developed a specialized expertise in determining MediCare medical necessity cases to both "ferret out" alleged fraudulent practices (including billing) in long-term care (LTC) cases, including regional Hospice Medical Director Certification Cases, as well as to successfully defend other LTC facility "chains" from allegations of MediCare impropriety, including allegations of Fraud & Abuse, respectively. To wit, Dr. Fullerton has also worked in matters related to professional allegations from the California Medical Board re: matters tantamount to allegations of "unprofessional conduct" (as well as failure for various CA physicians to comply with restrictions or limitations of licensure or breaching the terms of probation previously handed down from BMQA).

Specialty focus and areas of expertise, include: Adult Hospital Medicine (including: medical centers with training programs), Ambulatory Primary Care (including: Internal Medicine & Geriatrics, with experience instructing and working with mid-level practitioners), Geriatric approaches to Gero-Psychiatry (particularly in Long-Term Care), Treatment of the Immuno-compromised Host, Long-Term Care (including: SNF, Sub-Acute Rehabilitation, Assisted Living-with Secured Dementia Units & LTC Medical Directorships & Hospice Medical Directorships), Hospice & palliative care units, Home Care, and Elder Abuse Defense cases (both Civil and Criminal). Additional areas of testimonial expertise involve cases re: preventable falls, pressure wounds, pain management, addiction medicine (including forensic toxicology/DUI defense cases).

#### ADDITIONAL INFORMATION:

Additional involvement re: National Lectures, Symposia, Areas of Research, Listings of Forensic Testimony, National Specialty Medical Society Political Actions Committees (PACS and SIGS)-including Board of Directors and Committee experience, and Letters of Reference-available upon request.

Updated 02/11