

Physicians Assisted Living Solutions LLC

an Intellectual Property Subsidiary of Hampton Health, Ltd.™



Medical & Wellness Services to Patients and Families in Assisted & Independent Living Communities

In addition to our focus on Internal Medicine and Geriatric care, Hampton Health, Ltd.™ has a long-term emphasis on innovative methods for Assisted Living (AL) care, certified medical directorships (in AL), promoting the role of mid-level practitioners in all phases of geriatrics, as well as the timely placement of patients in assisted living communities, when needed.

Along with our partners in Assisted and Independent Living communities, we have implemented the most evolved, comprehensive and integrated 'medical model' of on-site support and training developed to date.

Hampton Health has pioneered these novel business methods which are licensed and implemented through our intellectual property subsidiary known as **Physician Assisted Living Solutions LLC**.

Traditionally, assisted living communities were built upon a 'social model', addressing social issues such as isolation, prepared meals, and manageable living spaces.

As our older population continued to grow and age, we witnessed first-hand the increasing importance for the addition of a 'medical model' to address complications of aging, medical issues and illnesses that affect elders and chronically ill individuals, as well as the need to address the critical issue of 'caregiver strain' experienced among adult children of aging parents.

Putting his innovative medical methods into practice, Dr. John H. Fullerton and his team of **PALSSM** geriatric-trained providers work closely with patients and their families to provide comprehensive services and care by promoting targeted healthcare screening and age-related disease monitoring and management, with an emphasis on a personalized and individualized approach to enhancing quality of life.

As a geriatric specialty practice Hampton Health serves as the centralized point of contact for access to other healthcare and wellness specialists and works closely with them as part of a multi-disciplinary team.

The primary goal of Hampton Health is to provide wellness and preventative care within Assisted and Independent Living communities to avoid the transfer and trauma from unnecessary visits to the ER or hospital.

Here are some of our **PALSSM** services:

- Personalized and accessible services that provide ongoing monitoring for chronic illnesses and changes in condition 24/7.
- Coordination, streamlining and management of patient medication, diet and physical therapy, by working closely with caregivers, management and community staff.
- Open communication with designated family members and care givers, employing family care conferences and/or conferences with staff, and assisting patients and families with the creation of advanced directives for care.
- Access to premiere local resources including homecare, hospitalist care, skilled nursing facility care and rehabilitation, estate and elder law assistance, case managers and medical social workers/counselors, geropsychiatrists, neurophysiologists, certified geriatric advisors, and local sub-specialty consultants (for referrals).
- Medical assistants and certified Phlebotomists trained for on-site EKG testing, vaccinations, ear lavage (irrigations), blood draws, tuberculosis testing (and other "CLIA Waived" lab tests).
- MMSE (mental status testing) and Geriatric Depression Assessment, including assistance with RCFE forms (Physician's Report for Residential Care Facilities for the Elderly), Department of Motor Vehicle and Long Term Care Insurance forms.

Hampton Health, Ltd.TM is uniquely situated and qualified to help families navigate the complex web of geriatric care and resources in Assisted and Independent Living communities.

For New Patient Inquiries and more information please contact Elaine Hausman, Hampton Health Liaison at **415-450-1175**.